

notes

Episode 2: Worldwide Access to Hygiene Resources, How Our Bodies Fight Off Germs Naturally, & Everyday Hand-Washing Practices

Exploring hygiene research...

- In 2022, UNICEF found 2 billion people in the world still had no access to services for hygiene

Exploring science...

- Our bodies fight off germs in at least 3 ways: our airways, our skin, and our stomach

Exploring daily self-care...

- Wash hands with soap and water before eating, after using the washroom, after petting animals, & before eating

